

English Language

**'Finalized' Degree in Physical Therapy
(Physiotherapy)**

Faculty of Medicine and Surgery
University of Verona
a.a. 2010-2011

Elisabetta Adami

email -> elisabetta.adami@univr.it

Introduction

□ Let me introduce myself

Introduction

- Let me introduce myself
 - Please, introduce yourself to your neighbour
 - Who are you?
 - Where are you from?
 - What is your background (before coming to this class)?
 - What is your level of English?
-

Learn English

Why?

Learn English: **How?**

The only way to learn a
language:
USE it!

It's not all about grammar...

Introduction

- Let me introduce myself
 - Please, introduce yourself!
 - Let me introduce the course to you
-

Programme

Topics:

- The vocabulary of the profession:
 - Anatomy, pains, diseases, and rehabilitation
 - The environment of the physiotherapist: the team, the tools, the people, the places
 - The profession in Europe and in the World:
 - Regulations, practices and ethics
 - Specialty areas
 - Applying for a job (CV and interview)
 - The scientific community and research
 - Scientific texts, journals and associations
-

Programme

Aims:

- ☐ Acquisition of the vocabulary of Physiotherapy
 - ☐ Communicating efficiently with the patients and the team (with different cultural backgrounds)
 - ☐ Search and retrieval of scientific texts
 - ☐ Production of reports (oral and/or written)
 - ☐ Networking internationally (composing a CV and applying for a job abroad)
-

Programme

By the end of the course you should be able to...

- ☐ Understand texts dealing with Physiotherapy
 - ☐ Understand and express yourself with the patient and the team; negotiate sensitively with cultural differences
 - ☐ Search and evaluate the online literature
 - ☐ Report on a case orally and/or in writing
 - ☐ Structure your CV
-

Materials and supports

- ☐ Selected texts taken from websites of international organizations of Physical Therapy
- ☐ Selected scientific articles taken from Journals
- ☐ Videos
- ☐ Web resources
- ☐ Group-work and role-play!

**All materials will be made available in classroom.
Select your copy-referee!**

Exam

- ☐ Test on the topics of the course
 - Listening comprehension
 - Multiple-choice questions on
 - ☐ Grammar
 - ☐ Vocabulary
 - ☐ Phraseology
 - Text analysis and summary
-

Timetable – Finalizzato

Saturday 2 April 2011	14.15-18.15	
Saturday 30 April 2011	16.00-18.15	
Saturday 14 May 2011	11.45-15.45	
Saturday 28 May 2011	11.00-13.15	Your decision
Saturday 11 June 2011	08.30-13.15	
Saturday 25 June 2011	14.15-18.15	
Friday 8 July 2011	12.30-16.45	Final Test???

Exams: Sat. 16 July (& Fri. 29 July)

Today's class

☐ Introduction:

- People (us)
- The subject (English)
- Course

☐ Let's warm up a bit...

Each lesson:

3 people: warming-up

3 people: relaxation

You volunteer and arrange
the schedule

Who does it: 1 extra score

Warm-up

□ Let's warm up a bit...



Stretch often & warm up well

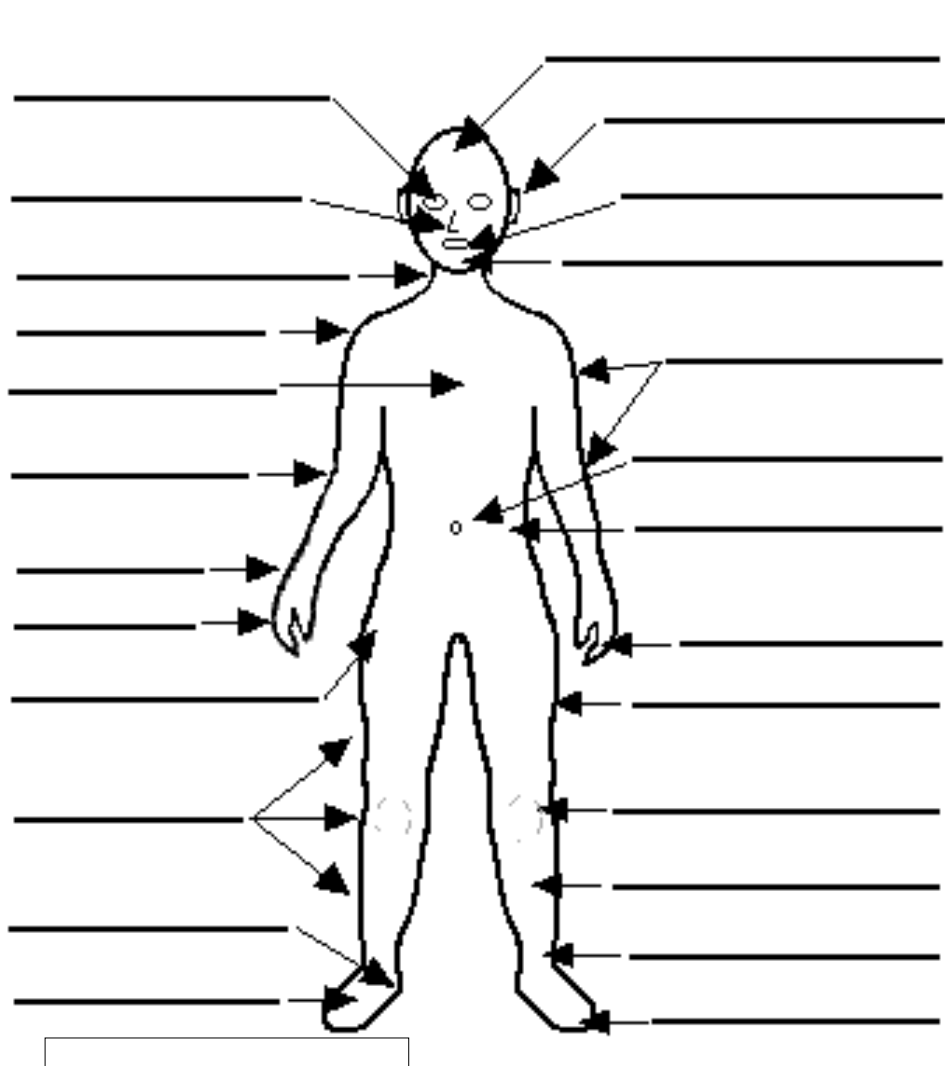
Imperative

- ☐ Verb without subject + **PLEASE!**

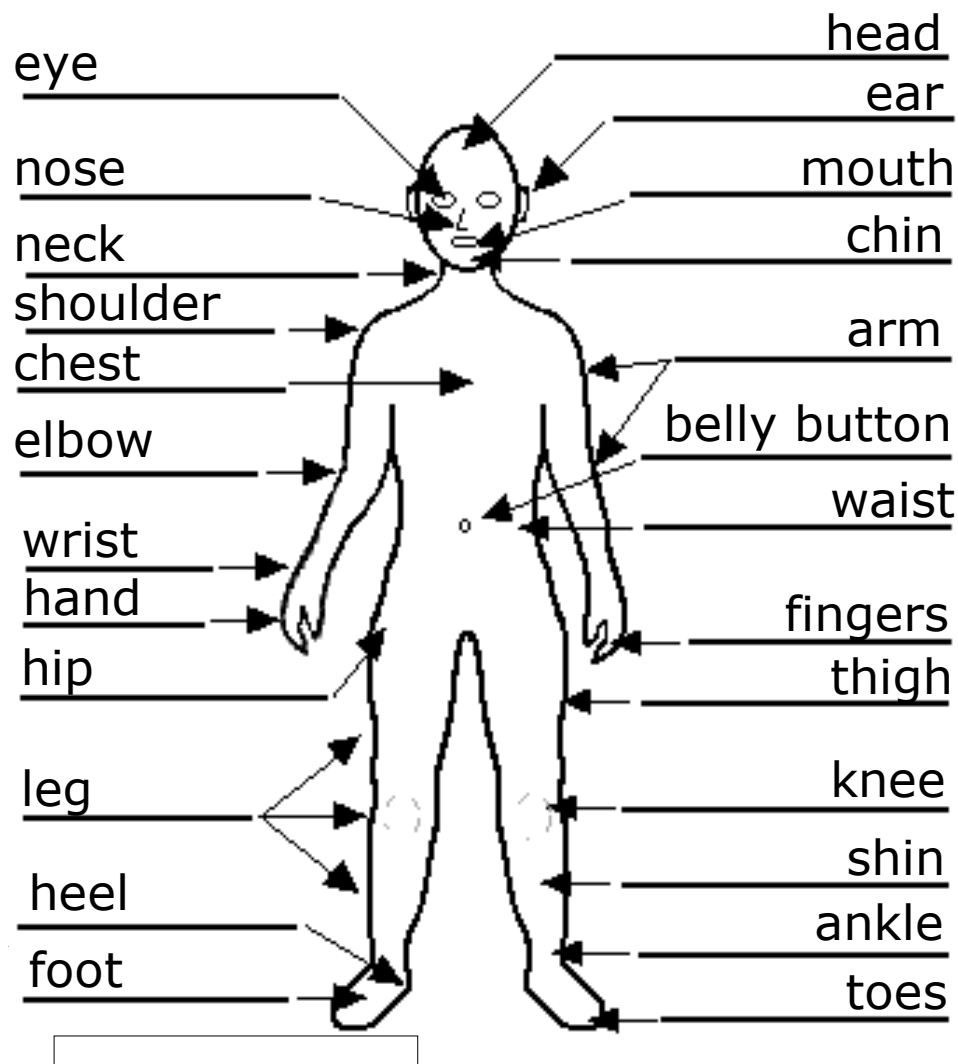
- ☐ Stand up
- ☐ Raise **your** arms
- ☐ Turn **your** head
- ☐ Bend/lean forward
- ☐ Rotate **your** wrists
- ☐ Put **your** hands on **your** waist

Label the body

Label the human body diagram using the word list on the right

	<p>ankle arm belly button chest chin ear elbow eye fingers foot hand head heel</p>	<p>hip knee leg mouth nose neck shin shoulder thigh toes waist wrist</p>
---	--	--

Label the body: Answers



ankle

arm

belly button

chest

chin

ear

elbow

eye

fingers

foot

hand

head

heel

hip

knee

leg

mouth

nose

neck

shin

shoulder

thigh

toes

waist

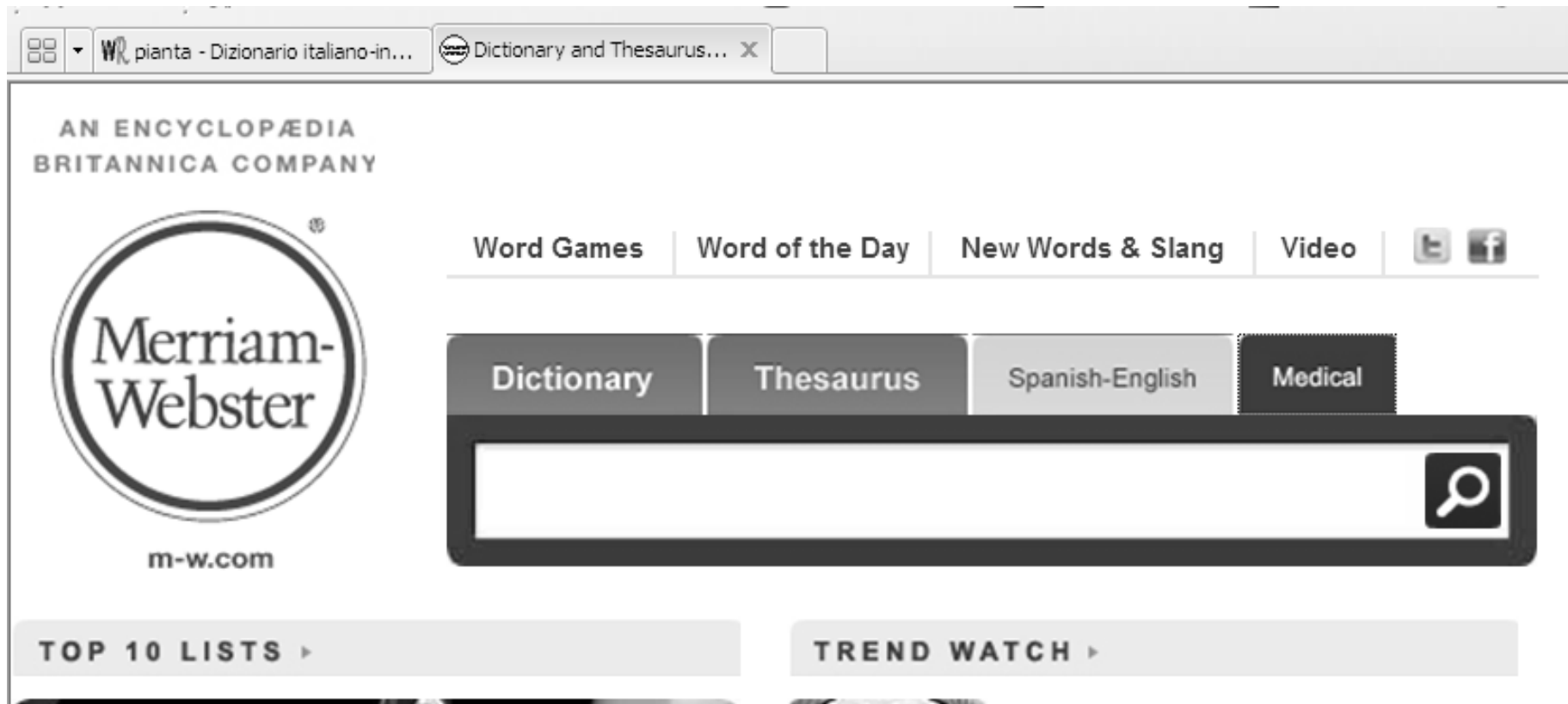
wrist

Useful references

- **Italian-English dictionary:**
 - www.wordreference.com

- **English dictionary:**
 - www.merriam-webster.com
 - (also medical section)

Useful references



Useful references

- **Italian-English dictionary:**
 - www.wordreference.com
- **English dictionary:**
 - www.merriam-webster.com
 - (also medical section)
- **Translators:**
 - <http://translate.google.com/#>
 - (but be careful!)

To Be

I	am		
You	are		
He She It	is		
We	are		
You			
They			

a qualified professional

qualified professionals

To Be

Affirmative		Negative		Interrogative	
I	am	I	am not (I'm not)	am	I ?
You	are	You	are not (aren't)	are	you?
He She It	is	He She It	is not (isn't)	is	he ? she ? it ?
We	are	We	are not (aren't)	are	we ?
You		You			you ?
They		They			they ?

Don't forget the subject!

- **It** is possible
 - Is **it** painful?
 - Is it a good treatment?
-

Don't forget the subject!

Positive/Negative Answers

• **It** is possible

• Is **it** painful?

Yes it is.

• Is it a good treatment?

No, it isn't.

There is / There are

- **There** is a good clinic in my town
- Are **there** many patients this morning?

This/That – These/Those

- | | |
|---------------------------------|--------------------------------------|
| • This is possible | - These are my qualifications |
| • Is that a good doctor? | - Are those your medications? |
-

Role Play: formulate questions and answers in pairs

To be

- I am a physical therapist
Q: ... ? A: Yes, ...
- You are a physician
Q: ... ? A: No, ...
- Susan is a surgeon
Q: ... ? A: No, ...
- Martin is a patient
Q: ... ? A: No, ...
- It is a good treatment
Q: ... ? A: No, ...
- We are health professionals
Q: ... ? A: Yes, ...
- You are physicians
Q: ... ? A: Yes, ...
- They are doctors
Q: ... ? A: No, ...

To Have = possession (UK)

Affirmative

I	have	got	a qualification in physical therapy
You			
He She It	has		
We	have		
You			
They			

To Have = possession (UK)

Affirmative

I	have	got
You		
He	has	
She		
It		
We	have	
You		
The y		

Negative

I	have not (haven't)	got
You		
He She It	has not (hasn't)	
We	have not (haven't)	
You		
They		

Interrogative

have	I	got?
	you	
has	he	
	she	
	it	
have	we	
	you	
	they	

fill the blanks with the proper form (also negative)

To be / to have

- I _____ a pain in my stomach. I _____ not well today.
- The patient _____ very pale. He _____ a headache.
- The dietician _____ a new diet for the diabetic patients. They _____ happy
- How many people _____ Dr. Brown on the operation list?
- The patient _____ afraid of the operation. She _____ worried about the anaesthetic.
- There _____ a locker for the patient's clothes in the ward but he _____ a bedside table.
- This hospital _____ a casualty department, it _____ only a convalescent home.

To Have in other expressions

To have a drink – to have a meal
To have breakfast / lunch / dinner
To have a good time
To have a bath
To have a break
To have a swim

Ordinary verb (no auxiliary) -> **NO got!**

- **Have a nice holiday!**

Simple Present: How to use it

Affirmative

I	treat
You	
He She It	treats
We	treat
You	
They	

patients with neurological diseases

Simple Present: How to use it

Affirmative

I We You They	treat...
He She It	treats...

Interrogative

Do	I we you they	treat...?
Does	he she it	

Negative

I We You They	do not (don't)	treat...
He She It	does not (doesn't)	

Interrogative-Negative

Don't	I we you they	treat...?
Doesn't	he she it	

Simple Present: How to use it To have (USA)

Affirmative

I We You They	have
He She It	has

Interrogative

Do	I we you they	have ...?
Does	he she it	

Negative

I We You They	do not (don't)	have
He She It	does not (doesn't)	

Interrogative-Negative

Don't	I we you they	have ...?
Doesn't	he she it	

Simple Present: When to use it

- Permanent truths and general statements:
 - They **come** from Morocco; She **speaks** English very well
 - Physical therapy **rehabilitates** people after injuries and traumas

- Habitual or repeated actions (adverbs of frequency: ***always, often, sometimes, every day, in the morning, usually, generally, never, rarely*** etc.)
 - He *usually* **walks** one hour per day; I *never* **give up**;
 - you **exercise** *every day* and you **stay** fit and healthy.

- State verbs (***to like, know, love, believe, need, own, understand, want*** etc.):
 - I **don't like** my job; I **believe** in friendship
 - **Do** you **understand**? He **needs** a good physician

Physical Therapists

Physical therapists (...)

- undertake a comprehensive examination/assessment/evaluation of the patient/client or needs of a client group;
- formulate a diagnosis, prognosis, and plan;
- provide consultation within their expertise and determine when patients/clients need to be referred to another healthcare professional;
- implement a physical therapist intervention/treatment programme;
- determine the outcomes of any interventions/treatments; and
- make recommendations for self management.

Source: World Confederation for Physical Therapy (WCPT)
<http://www.wcpt.org/node/29599>

Role Play: formulate questions and answers in pairs

Simple present

- I undertake a comprehensive examination of the patient
Q: ... ? A: Yes, ...
- You formulate a diagnosis, prognosis, and plan
Q: ... ? A: No, ...
- Physical Therapists provide consultation within their expertise
Q: ... ? A: Yes, ...
- We implement a treatment programme
Q: ... ? A: No, ...
- The physical therapist determines the outcomes of interventions
Q: ... ? A: Yes, ...
- Physical Therapy rehabilitates people after injuries and traumas
Q: ... ? A: No, ...