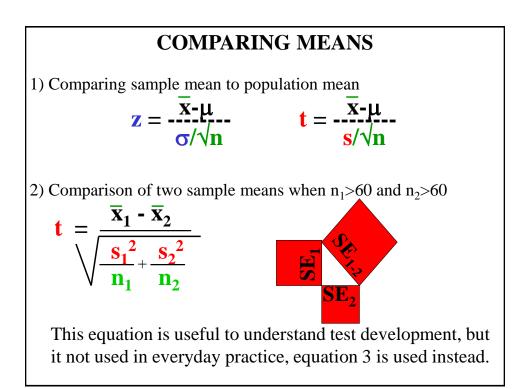
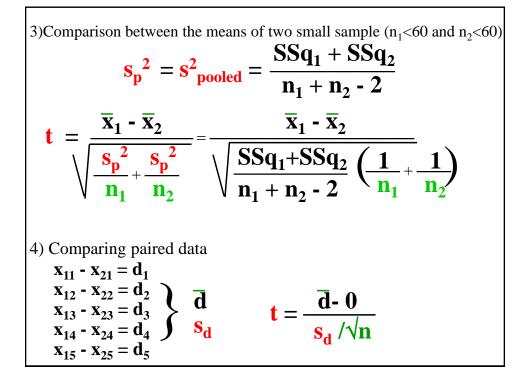
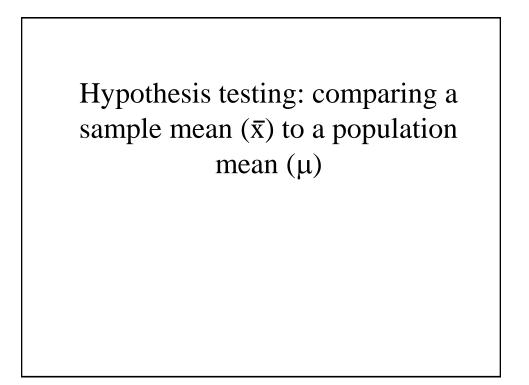


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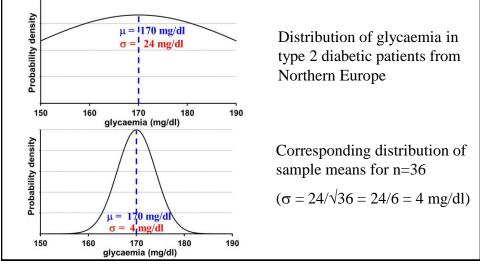


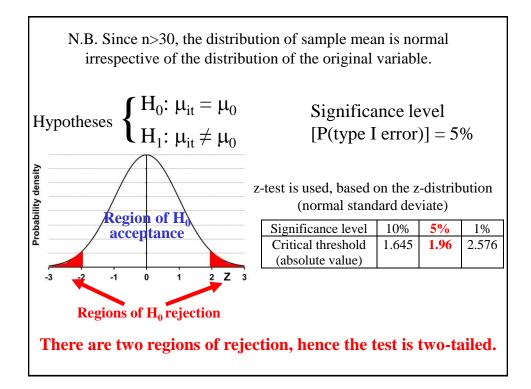


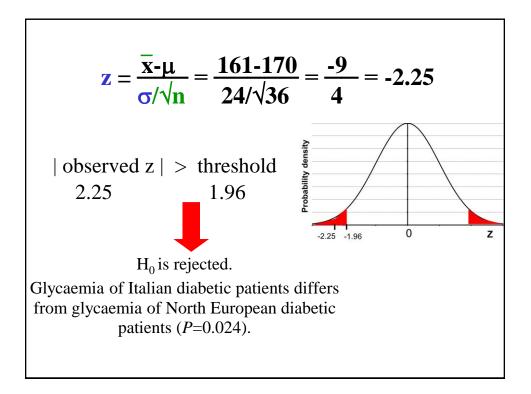


Let's assume that in Northern Europe glycaemia of type 2 diabetic patients is equal to $170 \pm 24 \text{ mg/dl} (\mu \pm \sigma)$.

A mean glycaemia of 161 mg/dl is recorded in 36 Italian patients. Is glycaemia of type 2 diabetic patients the same in Italy as in Northern Europe ?







Let's assume that in Northern Europe glycaemia in type 2 diabetic patients is normally distributed with mean 170 mg/dl. The variability of glycaemia is unknown.

Glycaemia in a sample of 25 Italian diabetic patients is 155 ± 20 mg/dl (mean \pm standard deviation).

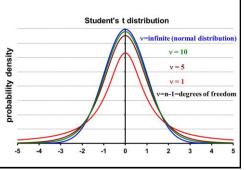
Is glycaemia of type 2 diabetic patients the same in Italy as in Northern Europe ?

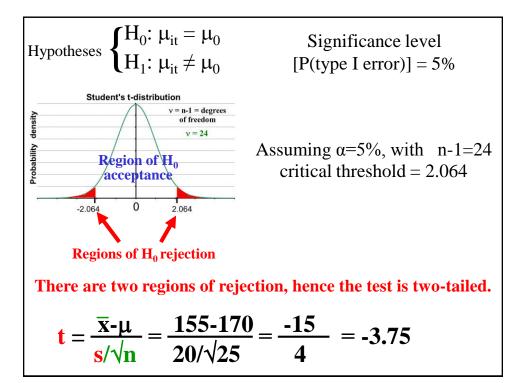
s (sample standard deviation) is taken as an estimate for σ (population standard deviation):

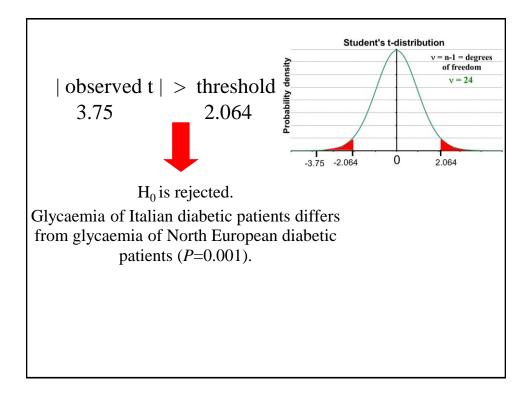
Standard Error = $s/\sqrt{n} = 20/\sqrt{25} = 20/5 = 4$

However estimating σ from s introduces an additional source of sample variability: both mean and standard deviation vary from one sample to another. ▲

To cope with this problem, the zdistribution is replaced by the tdistribution, which presents larger variability.







Hypothesis testing: comparison of two sample means $(\bar{x}_1 \text{ and } \bar{x}_2)$

Example: Twenty hypertensive patients are randomly assigned to two different treatments. The first group is administered a diuretic drug, while the second group is given a beta-blocker. The next table shows the heart rate (in beats/min), recorded in each patient after two weeks of treatment:

Diuretic	80	86	88	82	88	87	77	72	88	79
Beta-blocker	70	65	66	76	68	66	71	72	69	82

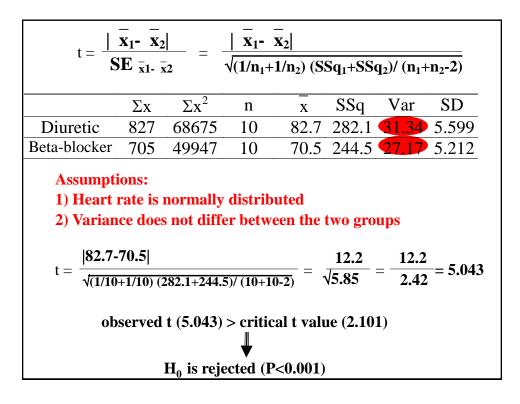
Does heart rate significantly differ between the two groups ?

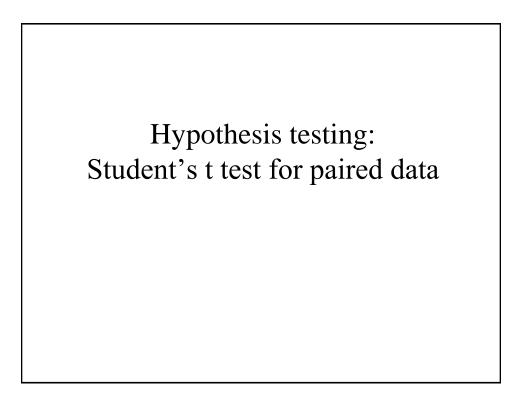
Student's t-test (for unpaired data)

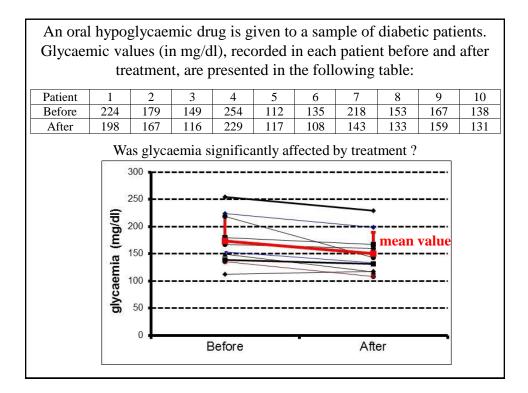
 $\begin{cases} H_0: \mu_{diur} = \mu_{B.} \\ H_1: \mu_{diur} \neq \mu_{B.} \\ two-tailed test \end{cases}$

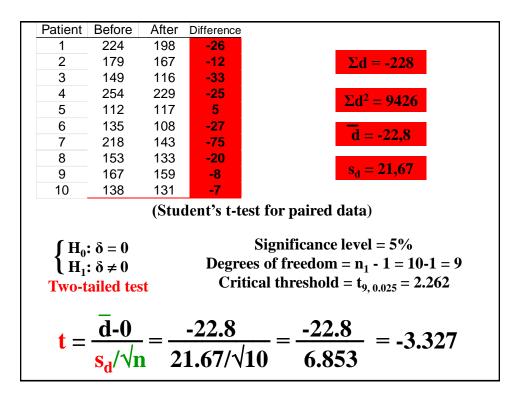
 $\begin{cases} H_0: \mu_{diur} \le \mu_{B.} \\ H_1: \mu_{diur} > \mu_{B.} \\ one-tailed test \end{cases}$

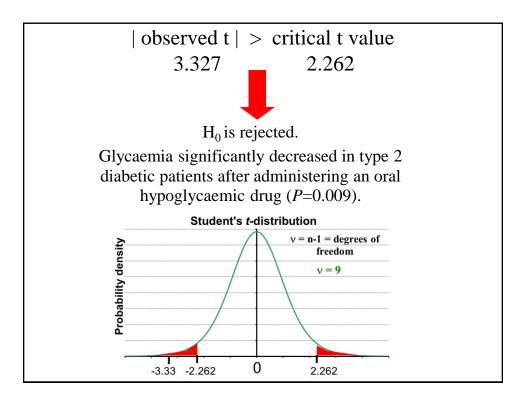
 $Significance \ level = 5\%$ $Degrees \ of \ freedom = n_1 + n_2 - 2 = 10 + 10 - 2 = 18$ $Critical \ threshold = t_{18, \ 0.025} = 2.101$

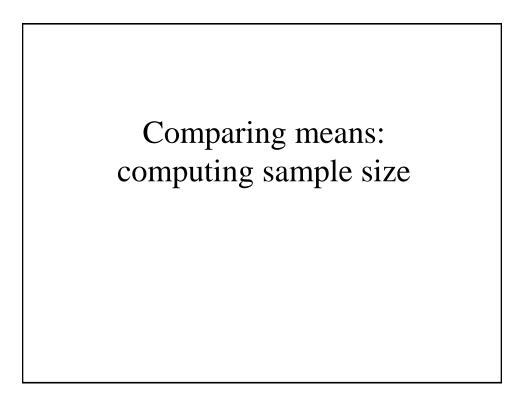












Computing sample size to achieve enough power to detect possible difference between two means

$$n > 2 \left[\frac{(z_{\alpha} + z_{\beta}) \sigma}{\delta} \right]^2$$

where

 $\begin{array}{l} n = number \ of \ subjects \ in \ each \ group \\ z_{\alpha} = 1.96 \qquad for \ alpha = 5\% \\ z_{\beta} = 0.842, \ 1.282, \ 1.645 \ for \ power = 80, \ 90, \ 95\% \\ \sigma = standard \ deviation, \ derived \ from \ pilot \ studies \ or \ current \ literature \\ \delta = \overline{x}_1 - \overline{x}_2 = minimal \ clinically-important \ difference \end{array}$

Example: The reference drug decreases systolic pressure by 25 mmHg. To represent a real improvement, the new drug should reduce systolic pressure by at least 30 mmHg (i.e. 5 mmHg more). Standard deviation of pressure changes is estimated to be 10 mmHg from previous studies. Alpha is set at 5% and power at 90%, hence $z_{\alpha/2} = 1.96$ e $z_{\beta} = 1.282$.

$$n > 2 \left[\frac{(z_{\alpha} + z_{\beta}) \sigma}{\delta} \right]^{2}$$
$$n > 2 \left[\frac{(1.96 + 1.28) 10}{5} \right]^{2}$$
$$n > 84.06 \qquad n \ge 85$$

85 subjects per group are needed to achieve 90% power.